# 2013 VCCL ENTRY BOOKLET VCCL www.vccl.org.au





### Running Strong Since 1933

Victorian Cross Country League Inc

### VICTORIAN CROSS COUNTRY LEAGUE INC. - 2013

Patron: Mr. J.J. Toleman

**OFFICE BEARERS** 

Secretary:

President: Brian Marantelli, 5 Churchill Avenue, Tullamarine 3043. Tel (03) 9338 1385 M. 0412 295 107

Vice President: Sean Quilty, 23 Arlington Walk, Vermont 3133. Tel (03) 9873 0032 M. 0425 531 280

Registrar: Brian Marantelli, 5 Churchill Avenue, Tullamarine 3043. Tel (03) 9338 1385 M. 0412 295 107 Email bmarantelli@optusnet.com.au

Lyn McKenzie, 3 Teal Court, North Dandenong 3175. Tel (03) 9792 3740 M. 0439 384 224

Assistant Secretary: Machelle Caruana, 41 Sunset Blvd, Jacana 3047. (03) 9324 9919
Treasurer: Irene James, 1 Grove Street, Vermont 3133. M. 0438 311 851

Committee: Sean Beer, Jim Berrington, Leanne Callaghan, Dennis Hughes, Wayne James, Mark O'Brien, David Page, Tony Parsons Life Members: Harold Black (Dec.), Stewart Bradley (Dec.), Norm Charles, John Cleland, Ted Connell, Bob Cook (Dec.), Bruce Duncan,

John Hirst, Jock Logan (Dec.), Richard Logan (Dec.), Leslie Mollard, Ann Neill, Frank Neill, Ted Paulin, George Perdon (Dec.), Robert Petrie (Dec.), Andy Salter (Dec.), Leo Shanahan (Dec.), John Toleman,

Mark O'Brien, Janet McLure, Brian Marantelli, Jim McLure, Jim Berrington, Roy McKenzie

**CLUB OFFICIALS** 

Handicapper: Dennis Hughes
Property Officer: Jim Berrington,

Jim Berrington, 23 Parer Street, Oakleigh, 3166.

Publicity Officer: Leanne Callaghan, 28 Lynch Street, Sunshine, 3020. Tel (03) 9311 3537 M. 0412 368 133

First Aid Attendant: Wavne Jame

**SUB COMMITTEES** 

Appeals & Protests: Sean Quilty, Tony Rendina, Roy McKenzie

Social Secretary: Leanne Callaghan, 28 Lynch Street, Sunshine, 3020. Tel (03) 9311 3537 M. 0412 368 133
Social Committee: Jim Berrington, Leanne Callaghan, Joe Caruana, Machelle Caruana, Tony Rendina,
Janine McKerron, Hugo Sarpa, Alan McCullen, Yvonne Callaghan, Marcelle Tucker

#### **RUNNERS**

Your help will be most appreciated if you are able to assist in measuring/marking the course, acting as a marshall, assisting with the finish area, etc on race days. Please contact the Course Manager.



## www.vccl.org.au

- 2013 Registration Form
- 2013 Race Calendar & Information
- Contact the League/Committee
- Results for all the 2012 Season Club Awards
- Weekly Results for 2013 Races
- Register Online



### INFORMATION FOR ALL COMPETITORS

#### **Race Entry Procedures**

· Registration form to be completed and returned to the VCCL Registrar with the appropriate fee.

<u>COSTS</u>						
Open Membership annual registration fee	\$	70.00	Bulk Entry Costs			
Under 21 Membership annual registration fee	\$	35.00	20 races U/21 \$ 90.00			
Affiliate Country Membership annual registration fee	\$	NIL				
VCCL Social Membership annual fee	\$	10.00	20 races Open \$ 150.00			
First Year Registration	\$	NIL				
Individual weekly race entry fee	\$	15.00				
VCCL Club Singlet (compulsory)	\$	40.00				

- Entries must be received by VCCL Registrar 7 days prior to race day (Sunday 5pm).
   Brian Marantelli, 5 Churchill Ave, Tullamarine VIC 3043. Telephone (03) 9338 1385. Mobile 0412 295 107.
   Email: bmarantelli@optusnet.com.au
- Cheques or postal orders to be made payable to VCCL Inc.
- · Entries will not be accepted unless accompanied with appropriate fee.

#### **Take Note**

- To be eligible for prizemoney and awards, runners MUST COMPETE in their official VCCL club singlet (or approved sponsor singlet).
- · Runners will not be recorded unless wearing their official VCCL Registration number (no warnings).
- Individual Race Winners receive their Sash and Trophy at the Annual Presentation Night, Saturday 5th October 2013 @ Club Italia Sporting Club.
- Novice prize money is paid to the first Unplaced Novice outside the prizemoney for that day ie a member who has never won a club
  race.

#### Tired of Running in Red???

- You can change the colour of your singlet by seeking out a sponsor!
- For a donation of \$100 to the VCCL a business can sponsor an individual member of the Club. This means you could be wearing a Sponsor's singlet for a season, as long as it has your VCCL registration number clearly visible on the front.
- The Club member will undertake to wear the Sponsor's singlet for all VCCL races in which they compete. The onus is on the sponsor to provide a singlet of their choice, with their appropriate logos, and to ensure that the Member's registered number is affixed to the front.

#### **Handicap System**

- Handicapping Panel for 2013 Dennis Hughes
- The VCCL Handicapper assesses and allocates competitors a handicap rating (spot) according to ability, age and race distance.
- All races incorporate a handicap the aim being to get all competitors to cross the finish line together.
- Runners starting before their allocated handicap time will be disqualified.

#### **Appeals and Protest Committee**

- Appeals and Protest Committee Sean Quilty, Tony Rendina, Roy McKenzie.
- · Duties of Committee:
  - To handle all protests over race results, interference or any other matter that may come before them.
     Protests must be lodged with one of the Appeals Committee or any acting official immediately upon completion of the event.
     Protests shall be handled on the day of the event.
  - To hear all appeals over dissatisfaction with handicap marks and report findings and recommendations to the Handicap Panel.
     Appeals relating to Handicaps will not be discussed unless forwarded in writing to the Appeals Committee via the Secretary together with a fee of \$20.00 (which will be returned if such appeal is not considered frivolous).
- · Their decision will be final and binding.

#### **New Runners**

Your new runner liaison officer is Brian Marantelli, 5 Churchill Ave, Tullamarine 3043 Tel (03) 9338 1385 Mob 0412 295 107. Have
a chat with Brian, he will be able to bring you up to date with the latest "happenings" with our league and give you answers to your
questions.

# Victorian Cross Country League 2013



### **HANDICAPPING GUIDELINES**

The committee of the Victorian Cross Country League in conjunction with the handicapping panel believe that it is in the best interests of members to adhere to the following guidelines:

- The entire field will be reassessed at the start of each season.
- Eaglehawk to Bendigo & Norm Charles handicap will be handicapped differently to all other races during the season. Runners that have shown competitive form will be given every opportunity to be competitive in our two main events.
- It is advisable that runners who are injured or have raced the previous day, but still wish to race, advise the panel that they may not be racing at their best.
- The handicapping panel, if competing, are ineligible to receive any handicap prizemoney.



#### **VCCL SOCIAL COMMITTEE**

- A dedicated group of volunteers, not necessarily competing members, give their time each week to provide refreshments at the end
  of each race.
- · Refreshments for sale generally includes hot/cold food and drinks.
- · The Social Committee also conduct a raffle at each race.
- · Please assist the Social Committee if you can.
- Enjoy the post race atmosphere Race presentations, refreshments, raffle, chit chat.

2013 Social Committee

Social Secretary: Leanne Callaghan, Treasurer: Machelle Caruana

Committee Members Jim Berrington, Yvonne Cllaghan, Joe Caruana, Tony Rendina,

Janine McKerron, Hugo Sarpa, Alan McCullen, Marcelle Tucker

SATURDAY October 5th VCCL Gala Presentation Night

Includes: Presentations, door prizes, spot prizes, dancing, entertainment.

SATURDAY October 19th Have your say at a new streamlined AGM.

For more information watch the VCCL noticeboard + website

### **VICTORIAN CROSS COUNTRY LEAGUE CLUB AWARDS: 2013**

The VCCL 'Saucony Championship' will be held at Race 13 – 15th Eric Greaves Memorial Sealed Handicap over 10km.

The Championship will Award an Open, Over 40s, Over 50s, Over 60s and Female Champion. Winners based on fastest times for each Division.

#### Norm Charles Club Aggregate:

Our revered sponsor Norm Charles will donate \$1600 to be distributed to the Top 10 placegetters on aggregate points. **Points will be allocated according to placing as follows:** 1st 25 points; 2nd 15 points; 3rd 14 points; 4th 13 points; 5th 12 points; 6-10th 10 points; 11-15th 9 points; 16-20th 8 points; 21-25th 7 points; 26-30th 6 points; 31-35th 5 points; 36-40th 4 points; 41-45th 3 points; 46-50th 2 points; 51st + 1 points.

Prizemoney: 1st \$500 2nd \$300 3rd \$200 4th \$150 5th \$100 6th \$90 7th \$80 8th \$70 9th \$60 10th \$50

#### Toohey's VCCL Club Champion:

Points are awarded on a 5,4,3,2,1 basis for fastest times in all races promoted and handicapped by the VCCL.

**Prizemoney:** Male: 1st \$500, 2nd \$300, 3rd \$200

Female: 1st \$500, 2nd \$300

All award winners will receive a pair of Saucony shoes.



### **CONGRATULATIONS TO 2012 CLUB AWARD WINNERS**

VCCL Norm Charles Club Aggregate Winner

Tony Rendina
The VCCL 'Tooheys' Club Champion

David Haigh
The VCCL Under 25 Aggregate shield

Joel Donnar

The VCCL Championship Series

OpenDavid HaighOver 40David HaighOver 50Tony ParsonsOver 60Tony RendinaFemaleCorina Kapusta

Family Feud Perpetual Shield Lisa Roberts & David Girolamo

McKenzie Family Best Clubman Award Yvonne Callaghan

2012 Legends (Ran all 19 Races) Irene James, Roy McKenzie, Greg Whitecross

<sup>\*</sup> Open to all runners, with points allocated as per the Norm Charles Aggregate.

VICTORIAN CROSS COUNTRY LEAGUE Inc



Helping support the Murchison Bus Trip & other social events

Supplementary Number Draw "WIN \$50 a week" (Sat Night Tatts Draw)
COST \$50 per Season (20 Weeks\*)

Get on the Bus to the 40th Murchison 10km Road Race (Final One!!)

See Leanne or Lyn to buy your number (1 to 45) or Book your seat on the Bus (FREE BUS FOR ALL TOOTSIE LOTTO PLAYERS\*)

WINNERS NOTIFIED BY SMS., PRIZES PAID WEEKLY \*Bonus Prizes\*

# BONU\$ BUCK\$

Each week there will be **\$20** to the **winner** of 2 specified groups according to the Spot you run off.





This will not operate on Race 6 - Relay Challenge Race 8 - Bendigo Race 11 - Murchison Race 19 - "Normie"





Keep an eye on the notice board to see which group Spots it applies to each week.

### FRED GRUBB & ROBERT CHARLTON MEMORIAL 6,500 METRES SEALED HANDICAP

Sash, Trophy and Prizemoney donated by: VCCL and John & Julie Hertz

1st	-	\$300	6th	-	\$20
2nd	-	\$60	7th	-	\$20
3rd	-	\$50	8th	-	\$20
4th	-	\$40	9th	-	\$20
5th	-	\$30	10th	-	\$20

<sup>\*</sup>Free Entry For Fun Runners

1st Unplaced Novice - \$10

Fastest Time - \$40 2nd Fastest - \$20 Fastest Female - \$20

Race Manager: Brian Marantelli 2012 Winner: David Haigh

Course Manager: Sean Quilty

Venue: **Boeing Reserve, Strathmore**  Melway 16 C5

Registration No.:..

Registrar together

Entry Fee: \$15.00



### 2013 McKenzie Family **Best Clubman, NOMINATION FORM**

Name	
Nominated by	
Month	

Please list achievements/reasons why you nominated this person.

This form must be placed in the official nomination box located at each of the VCCL races or otherwise mailed to Lyn McKenzie. At the conclusion of the season the nominations will be placed under ballot via the VCCL committee to decide which individual wins the award to be presented at Presentation Night 2013.

### **MORAN STABLE** 6,500 METRES SEALED HANDICAP

Sash and Prizemoney donated by:

Tony Moran's RUNNERS

### \* Free entry fun runners

1st	-	\$300	6th	-	\$20
2nd	-	\$60	7th	-	\$20
3rd	-	\$50	8th	-	\$20
4th	-	\$40	9th	-	\$20
5th	-	\$30	10th	-	\$20

1st Unplaced Novice - \$20

Fastest Time - \$40

2nd Fastest - \$20

Fastest Female - \$20

Brian Marantelli 2012 Winner: Joel Donnar Race Manager:

Course Manager: Jim Berrington

Venue: Karkarook Park, Oakleigh

Melway 78 D7

Registration No.:..

Entry Fee: \$15.00

Children Welcome

s Presentation

VICTORIAN CROSS COUNTRY LEAGUE Inc

Saturday 5th October, 6.30pm - 12.00am

Club Italia Sporting Club Presidents Room

128 - 152 Furlong Road, North Sunshine (Secure off Street Parking)

4 Course Meal, Inc Drinks\* Live Entertainment - Dancing \$1000 Mega Draw - Presentation of Sashes, Trophies, Awards

Going the distance Since 1933 7 \*\* Drinks Inc.. Beer, Wine & Soft Drinks \*\*

Contact: Leanne (0412 368 133) Machelle & Joe (0409 163 143) Lyn McKenzie (0439 384 224) for Ticket Enquiries

BOOK EARLY & \$AVE.. IF YOU BOOK & PAY BEFORE THE 31st JULY.. TICKETS ONLY \$65per person ( Kids under 12 \$20\*)

Book & Pay Early & Save!!



### 29th HELMUT AND MAIJA PRENTLER 8,000 METRES SEALED HANDICAP

Sash and Prizemoney donated by:

VCCL Social Club & Helmut and Maija Prentler Trophy Donated by: Helmut and Maija Prentler

\$300 1st 6th \$20 \$60 \$20 2nd 7th \$50 \$20 3rd 8th 4th \$40 9th \$20 5th \$30 10th -\$20

1st Unplaced Novice - \$20

Fastest Time - \$40 Fastest Female - \$20

Race Manager: Lyn McKenzie 2012 Winner: Colin Davis

Course Manager: Roy McKenzie

Venue: Police Paddocks Stud Rd & Brady Rd, Dandenong Melway 81 K11

Address:

Registration No.:..

Entries must be received by VCCL Registrar together

Entry Fee: \$15.00

### 29TH HELMUT AND MAIJA PRENTLER

### 8,000 METRES HANDICAP

### PREVIOUS WINNERS 1985 - 2012

1985	Michael Quinn	1999	Joe Brown
1986	Roger Merne	2000	Mark O'Brien
1987	Paul Leonard	2001	Tony Rendina
1988	Mark O'Brien	2002	Matthew Taylor
1989	Marie O'Brien	2003	Coral Monk
1990	Ann Holcombe	2004	Clinton Staehr
1991	Jim McLure	2005	Richard Polkinghorne
1992	Jim McLure	2006	Tony Rendina
1993	Bill Carr	2007	Doug Stokes
1994	Roger Simondson	2008	Marcus Boxall
1995	Brendan O'Connor	2009	Matthew Taylor
1996	Paul Anderson	2010	Caitlin Haala
1997	Christine Hodges	2011	Luke Searle
1998	David Haigh	2012	Colin Davis

### **18TH CARUANA CROSS COUNTRY CLASSIC** 8,000 METRES HANDICAP

Prizemoney donated by: Joe and Machelle Caruana

Trophy donated by: Machelle Caruana

\$1000 6th \$20 1st 2nd \$100 7th \$20 3rd \$60 8th \$10 \$30 4th 9th \$10 \$30 5th 10th -\$10

1st Unplaced Novice - \$20 1st Female on handicap - \$50

1st Bendigo Runner \$100 other than winner

Sash for 1st Country Runner

**Fastest Time** \$50

2nd Fastest Time \$30 1st O/50 on hcp \$40 3rd Fastest Time \$30 1st O/60 on hcp \$40 Fastest Female \$20 King or Queen of Mt Macca wins a slab

Spot Prizes

Race Manager: Joe and Machelle Caruana 2012 Winner Adam Parker (B)

Course Managers: Joe Caruana

Venue: Woodlands Historic Park, Greenvale

(Enter via Oaklands Road) Melway 177 J9

Registration No.:..

Entry Fee: \$15.00

### CARUANA CROSS COUNTRY CLASSIC



### PREVIOUS WINNERS 1996 - 2012

1996	Bob Petrie	2009
1997	John Chisolm	2010
1998	Corina Kapusta	2011
1999	Peter Onofretchook	2012
2000	Michael Sheehan	
2001	Ramon Pleysier	
2002	Luke Gregory	
2003	Gary Mowat	
2004	Peter Field	

2005 Chris E Brown 2006 Murray Harding 2007 Ray Barnard

Ray O'Connor

9 Mark DeCampo Ray O'Connor

Nick Harding

2 Adam Parker (Bendigo)

Located at Woodlands Historic Park Greenvale

RACE 1 of the Woodlands Team Tootsie Tri Series



### **24TH RENDINA FAMILY** 8,000 METRES HANDICAP

Prizemoney donated by: Tony, Charlene and Christian Rendina, Contract Fire Pty Ltd and The Victorian Cross Country League Sash donated by: Alan Karfut

1st \$650 (including \$100 Bonus donated by Matthew Taylor)

2nd \$60 7th \$20 3rd \$50 8th \$20 4th \$40 9th \$20 5th \$30 \$20 10th -

6th \$20

2003

Laura Quilty

Fastest Time - \$40 2nd Fastest - \$20 Fasted Female - \$20

Bonus money generously donated by Matthew Taylor

1st Female Novice \$50 1st Male Novice \$50

Race Manager: Sean Quilty 2012 Winner: Gary Blake

Course Manager: Sean Quilty

Venue: Warringal Park, Heidelberg Melway 32 C4

## 24TH RENDINA FAMILY 8,000 METRES HANDICAP

1990	Cartha McKerrow	2004	Owen Pointon
1991	Tony Moran	2005	Sarah Grahame
1992	Keith Alexander	2006	Leanne Callaghai
1993	Roy McKenzie	2007	Rosemary Arthur
1994	David Spackman	2008	Gary Parkes
1995	Martin Murray	2009	David Woods
1996	Jike Jones	2010	Adrian Phelan
1997	John Chisholm	2011	Lisa Roberts
1998	Les Williams	2012	Gary Blake
1999	Beau McGarity		
2000	Ted Paulin		
2001	Paul O'Brien		
2002	Michael Marantelli		

**PREVIOUS WINNERS** 

Address:

Registration No.:..

with entry fee 7 days prior to Race Day.

Brian Marantelli, 5 Churchill Ave. Tullamarine 3043. Tel. 9338 1385
Cheques or postal orders to be made payable to VCCL Inc. Registrar together Entries must be received by VCCL

Entry Fee: \$15.00

Melway 72 A2

### 4th ANNUAL VCCL SOCIAL CLUB 5 x 3km RELAY

**Fastest Teams** 1st \$200

2nd \$100 3rd \$50

1st \$200 Fastest on Handicap

2nd \$100 3rd \$50

Race Manager: Mark O'Brien Course Managers: Sean Quilty

Venue: Nortons Park, Wantirna

Registration No.:..

.. Entry Fee: \$15.00

Entries must be received by VCCL Registrar together with entry fee 7 days prior to Race Day.

Brian Marantelli, 5 Churchill Ave. Tullamarine 3043. Tel. 9338 1385
Cheques or postal orders to be made payable to VCCL Inc.

## 10km

**RACE 19** 

**Sunday** 8th September **Lysterfield Park** 10am

VCCL Race No. 6

### 'FAMILY FEUD' 5,000 METRES Sealed Handicap

Sash: Berrington Family Includes "Family Feud" Shield

1st \$300 6th \$20 \$60 \$20 2nd -7th 3rd \$50 8th \$20 \$40 \$20 4th 9th 5th \$30 10th -\$20

Fastest Time \$40

\$20 - 1st First Year Runner \$20 - 1st Unplaced Novice

Sean Quilty Race Manager: 2012 Winner: Lisa Roberts Course Managers: Sean Quilty Family Feud Winners: Venue: Birdsland Lisa Roberts & David Girolamo Mt Morton Road, Belgrave Heights Melway: 84 C1

Address:

Registration No.:..

Entry Fee: \$15.00

Entries must be received by VCCL Registrar together

Brian Marantelli, 5 Churchill Ave. Tullamarine 3043.





### The 2013 VCCL Championship Race sponsored by Saucony

Open / Over 40s / Over 50s / Over 60s / Female

**TO BE HELD ON RACE 13** 15th ERIC GREAVES MEMORIAL 10K CROSS COUNTRY CLASSIC SEALED HANDICAP

BENDIGO

ATHLETIC

CLUB.

### **EAGLEHAWK TO BENDIGO FLACK ADVISORY** 6.4KM HANDICAP

Sashes, Trophies and Prizemoney donated by: Flack Advisory - George Flack, authorised representative

### **Total Prizemoney \$2,500**

1st - \$1,250

1st Female Sash and Medallion Fastest Time Sash and Medallion Fastest Female Sash and Medallion Fastest over 40 Sash and Medallion Sash and Medallion Fastest over 50

1st over 40 Handicap - Medallion 1st VCCL Member on Handicap

Assemble: Eaglehawk Town Hall

Finish and Presentations: Tom Flood Sports Centre, Bendigo (Refreshments available)

Spot Prizes

Race Manager: Lyn McKenzie Course Manager: Bendigo Athletic Club **Eaglehawk Town Hall** 

2012 Winner: Kathyrn Heagney 1st VCCL Runner: Tony Rendina

Entry Fee: \$15.00 Registration No.:..

Flack Advisory

**Proudly sponsor the** 

2013 Eaglehawk to Bendigo 6.4km Handicap Road Race

With Thanks to George Flack Authorised Representative



Tel: 03 5446 3463

Fax: 03 5446 2199

47 Napier St Eaglehawk 3556

Entry Fee: \$15.00

Registration No.:

20th INDEPENDENT SIGNS 10,000 METRES HANDICAP

Sash, Trophy & Prizemoney donated by:

Major Sponsor: Independent Signs - Leanne Callaghan

Co Sponsors: Brian Marantelli, Dennis Hughes, Alan McCullen, Hugo Sarpa

\$20 1st \$400 6th 2nd \$100 7th \$20 \$80 8th \$20 3rd 4th \$40 9th \$20 \$40 10th \$20 5th

1st Unplaced Novice - \$20

Fastest Male - \$80 2nd Fastest - \$40 3rd Fastest - \$30

Fastest Female - \$50 1st Over 60 \$50

Race Manager: Brian Marantelli 2012 Winner: Corina Kapusta

Course Manager: Dennis Hughes

Venue: Woodlands Historic Park, Greenvale

> (Enter via Oaklands Road) Melway 177 J9

PROUD SPONSORS RACE 9 Second Leg of Woodlands Team Tootsie Tri Series





Thanks also to Co Sponsors

### **Barton Signs & Painting**

Alan "FF" McCullen, Hugo Sarpa Dennis "Handicapper" Hughes & Mara



 Professional Carpet Steam Cleaning • Emergency Flood Damage Specialising in Rental Properties

Contact Hugo Sarpa 79383 6677

### VCCL 'JIM McLURE' LEGENDS 5.000 METRES HANDICAP

Sponsored by: VCCL

Sash donated by: Janine McKerran

\$300 6th \$20 1st \$60 \$20 7th 2nd 3rd \$50 8th \$20 \$20 \$40 9th 5th \$30 10th -\$20

1st Unplaced Novice - \$20

**Fastest Time** - \$40 - \$20 2nd Fastest **Fastest Female** - \$20

2012 Winner: Ashley Snowden Race Manager: Sean Quilty

Course Manager: Sean Quilty

Venue: Lilydale Lake (Swansea Road)

Melway 38 G7

VCCL Race No. 10

Registration No.:..

Registrar together Entries must be received by VCCL

Entry Fee: \$15.00



### Sponsor of the VCCL

Special VCCL Club rates - see Rob O'Donnell

- Physiotherapy, Therapeutic & Sports Massage, Hydrotherapy
- Pilates / Physioball / Core Stability & Injury Prevention Programs
- For any sports injury related advice they are the experts!

703-705 Centre Road, EAST BENTLEIGH **Telephone 9570.8538** www.sspc.com.au



### **40th ANNUAL MURCHISON 10,000 METRES HANDICAP**

Sash and Trophy donated by: Doug and Marg Tuhan

1st	-	\$500	6th	-	\$20
2nd	-	\$60	7th	-	\$20
3rd	-	\$50	8th	-	\$20
4th	-	\$40	9th	-	\$20
5th	-	\$30	10th	-	\$20

Prizemoney for:

Fastest Time, 2nd Fastest, 3rd Fastest; Fastest Over 40;

Fastest Over 50; Fastest Female

Special trophies and Spot Prizes on the day.

BBQ and Family Day courtesy Murchison Football Club

Race Manager: Dennis Hughes
Course Manager: Doug Tuhan

Venue: Murchison Football Ground

2012 Winner: Josh Sait

**FOUR PICK UP POINTS** 

Free for past travellers & Tootsie Players
BOOK EARLY SO NOT TO MISS OUT.. ALL WELCOME
Call Lyn McKenzie: 9792 3740 or ask Social Club for more details

Name:.....

Address:......Rddress:.....Rddress:.....Rddress:.....Rddress:.....Rddress:.....Rddress:....Rddress:....Rddress:....Rddress:.....Rddress:....Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:...Rddress:..Rd

Entries must be received by VCCL Registrar together with entry fee 7 days prior to Race Day.

Brian Marantelli, 5 Churchill Ave. Tullamarine 3043. Tel. 9338 1385 Cheques or postal orders to be made payable to VCCL Inc.

Catch the Last Bus!!

40th Murchison 10km
Road Race
SUNDAY 7th JULY 12noon START

BONUS PRIZEMONEY & PRIZES
FOR ALL BUS TRAVELLERS

### CHURCHILL PARK CLASSIC 8,000 METRES HANDICAP

Prizemoney donated by: Bob Howlett, Sean Quilty & Tony Parsons Sash donated by: Victorian Athletic League

1st	-	\$300	6th	-	\$20
2nd	-	\$60	7th	-	\$20
3rd	-	\$50	8th	-	\$20
4th	-	\$40	9th	-	\$20
5th	-	\$30	10th	-	\$20

1st Unplaced Novice - \$20

Fastest Time - \$40 2nd Fastest - \$20 Fastest Female - \$20

Tony Parsons 2012 Winner (held at Lysterfield): Tony Parsons Race Manager:

Course Manager: Sean Beer

Venue: Churchill Park, Rowville (off Churchill Park Drive) Melway 82 C10

Registration No.:..

Entry Fee: \$15.00



## **Annual General** Meeting - AGM

Saturday 19th October

To be held at: MCKINNON HOTEL

Corner of McKinnon Road and Jasper Road, McKinnon

This is your opportunity to support the club and make sure your input determines the future of the VCCL. It is here you can have your say and ensure decisions are made on behalf of all members.

Refreshments served at the conclusion courtesy VCCL Social Committee

### 15th ERIC GREAVES MEMORIAL 10K CROSS COUNTRY CLASSIC **SEALED HANDICAP**

Sponsored by: The Victorian Cross Country League Sash donated by: Wendy Greaves

1st	-	\$300	6th	-	\$20
2nd	-	\$60	7th	-	\$20
3rd	-	\$50	8th	-	\$20
4th	-	\$40	9th	-	\$20
5th	-	\$30	10th	-	\$20



1st Unplaced Novice - \$20

Fastest Time - \$40 2nd Fastest - \$20 Fastest Female - \$20 Perpetual Trophy designed and made by Ross Johnstone

Incorporating VCCL 'Saucony Championship'



Race Manager: Jim Berrington

Course Manager: Victorian Masters

Venue: Braeside Park, Braeside 2012 Winner: Greg Whitecross

Melway Ref: 88 D8

VCCL Race No. 13

Registration No.:..

Entry Fee: \$15.00

The 2013 Saucony Championship Race Sash Donors

saucony

Open Jim McLure All trophies

Supplied by Saucony

Over 40 Barrie Milligan

Over 50 **Tony Parsons** All winners receive a pair of Saucony shoes

Over 60 **Ged Smith** 

Female **Tony & Juliette Moran** 





### **JAYEN ENGINEERS WOODLANDS CLASSIC**

### 5,000 METRE HANDICAP

Sponsored by:

Jayen Consulting Engineers Pty Ltd and Joe & Machelle Caruana Sash donated by: VCCL



1st Unplaced Novice - \$20

Fastest Time - \$40 Fastest Female - \$40 1st Over 60 on hcp \$50 1st Male & Female on hcp other than winner \$20 each

Fun runners are welcome

Race Manager: Machelle & Joe Caruana Inaugural race

Course Manager: Joe & Machelle Caruana

Venue: Woodlands Historic Park, Greenvale

(Enter via Oaklands Road)

Melway 177 J9

VCCL Race No. 14

Registration No.:..

Entry Fee: \$15.00



PROUD SPONSOR RACE 14 Final Leg of Woodlands Team Tootsie Tri Series



### JAYEN CONSULTING ENGINEERS PTY, LTD.

SUITE 705 / 434 St KILDA ROAD, MELBOURNE 3004

NEIL LOFTHOUSE (0418 568 677) Ph. 9867 2722 Fax. 9867 2944

### 18th ANNUAL GEORGE PERDON MEMORIAL 10 MILE (16.09km) SEALED HANDICAP

Including 6.5K Sweepstakes Event

(No aggregate points to be awarded for 6.5K event) Sponsored by: Victorian Cross Country League Sash donated by: Keith Lofthouse

\$350 \$30 \$15 1st 6th 11th \$20 \$100 7th -12th \$15 2nd \$60 8th -\$20 13th \$15 3rd 4th \$50 9th -\$20 14th \$15 5th \$40 10th -\$20 15th \$15

1st Unplaced Novice - \$20

Fastest Time - \$40 2nd Fastest - \$20 Fastest Female - \$20

\*Bonus \$200 kindly donated by: Keith Lofthouse

Race Manager: Dennis Hughes Course Manager: Dennis Hughes

Venue: Lysterfield Park 2012 Winner: Kevin Pardy

Melway 108 D2

### **Acknowledgments for GEORGE PERDON MEMORIAL TROPHY**

Stewart Bradlev John Hertz Fred Warwick Barrie Milligan June Petrie John Cleland **Bob Petrie** Bruce Duncan Lavinia Petrie Dave Saunders

The Great George Perdon 1924-1993

Born 1924, passed away at age 69 from cancer.

Life Member and Outstanding Competitor of the Victorian Cross Country League (previously Professional Cross Country Club of Victoria) Awarded Life Membership of PCCV in 1973.

Successes in distances from 880 yards to Trans Continental Run of 2,897 miles (Fremantle WA to Sydney NSW)

In an athletic career spanning over 50 years George has set many World Records over distances from 20 miles to 2,600 miles, 12 hour to 24 hour runs; and point to point runs.

30 mile record - 2hrs 53min 48.1 sec - 15 August, 1965

George later claimed the World Professional Marathon Record at 43 years of age

Marathon record - 2hrs 19min 56sec - 5 October, 1967

#### GEORGE PERDON MEMORIAL 10 MILE SEALED HANDICAP - PREVIOUS WINNERS

1996	Paul O'Brien	2002	Steve Knight	2008	Adrian Wrout
1997	Jim Berrington	2003	Ted Paulin	2009	Gemma Brown
1998	Joe Caruana	2004	Roy McKenzie	2010	Josh Sait
1999	David Spackman	2005	Owen Pointon	2011	David Page
2000	Peter Le Busque	2006	Tony Rendina	2012	Kevin Pardy
2001	Colin Davis	2007	Sean Quilty		•

Entries must be received by VCCL Registrar together with entry fee 7 days prior to Race Day.

Brian Marantelli, 5 Churchill Ave. Tullamarine 3043. Tel. 9338 1385
Cheques or postal orders to be made payable to VCCL Inc.

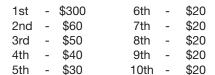
Entry Fee: \$15.00

Registration No.:..

Address:

### PARKS VICTORIA HANDICAP 8 km HANDICAP

Sash and Prizemoney donated by: Victorian Cross Country League



Jells Park (enter from Ferntree Gully Rd)

1st Unplaced Novice - \$20 **Fastest Time** - \$40 2nd Fastest - \$20 Fastest Female - \$20

**Dennis Hughes** 

Race Manager:

Venue:

Course Manager: Sean Quilty



Healthy Parks Healthy People®

2012 Winner: Irene James

Melway 72 A9

VCCL Race No. 16

Registration No.:..



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Ph. (03) 5334 7233

Your hosts Steve & Linda Norton

www.ballaratcaravanpark.com



Entry Fee: \$15.00

### 2nd KYNETON RIDGE ESTATE WINERY 6,500 METRES HANDICAP

Prizemoney donated by: Hippo Athletic Club,

Dennis Hughes, Brian Marantelli and The Victorian Cross Country League

Sash donated by: Shady Acres Caravan Park, Ballarat

1st	-	\$600	6th	-	\$20
2nd	-	\$100	7th	-	\$20
3rd	-	\$80	8th	-	\$20
4th	-	\$60	9th	-	\$20
5th	-	\$60	10th	-	\$20



Kyneton Ridge Estate MACEDON RANGES

**Fastest Time** - \$50 - \$20 2nd Fastest - \$50 Fastest Female

1st Female Novice - \$50 1st Male Novice - \$50

(Both other than winner)

Race Manager: Brian Marantelli 2012 Winner: Tony Rendina

Course Manager: Dennis Hughes

Kyneton, Blackhill School Rd Venue:

Melway 509 F9

Registration No.:..

Entry Fee: \$15.00

# xcellence Only

### Stewart Gillman Internationale Pty. Ltd.

### Sashes & Medals

67 Merola Way, Campbellfield, Vic. 3061 Telephone: (03) 9357 0497 Fax: (03) 9357 8226 Email: Gillman@bigpond.com.au

Entry Fee: \$15.00

Entries must be received by VCCL Registrar together

Registration No.:..

### 14th WESTGATE BRIDGE RUN 5,000 METRES SEALED HANDICAP

Prize Money donated by: VCCL Sash donated by: Tom Hecimovic

### Winner to receive \$200 bonus, donated by: Mark O'Brien and \$100 donated by Tom Hecimovic

1st	-	\$600 (Includes bonus)	6th	-	\$20
2nd	-	\$60	7th	-	\$20
3rd	-	\$50	8th	-	\$20
4th	-	\$40	9th	-	\$20
5th	-	\$30	10th	-	\$20
			11th	_	\$20

\$20 1st Unplaced Novice Fastest Time \$40 2nd Fastest - \$20 Fastest Female \$20

Brian Marantelli Race Manager:

Course Manager: Jim Berrington Venue:

2008

(Enter via Todd Road)

Westgate Park, Port Melbourne

2012 Winner: Luis Fabres

Melway 56 F1



Craig Richard Harris



### **WESTGATE BRIDGE RUN PREVIOUS WINNERS**

2000	Anne Holcombe	2009	Tom Hecimovic
2001	Steve Young	2010	Craig Richard Harris
2002	Murray Garnham	2011	Wayne James
2003	Dylan Saw	2012	Luis Fabres
2004	Wes O'Brien		
2005	David Rowell		
2006	Emily Paulin		
2007	Tom Hecimovic		

Premier Race Sponsor of the 48th Annual Norm Charles Handicap



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### **48th ANNUAL NORM CHARLES** 10.000 METRES HANDICAP

Sashes, Trophies and Prizemoney donated by:

Norm Charles - VCCL Life Member

Winner receives Perpetual Trophy and photograph in Winner's Album

1st \$1200 6th \$50 2nd \$300 7th \$40 \$30 3rd \$200 8th 4th \$100 9th \$20 5th \$80 10th -\$10

First Female \$20

Fastest Time (Male & Female) 1st - \$150 & Sash 2nd - \$20

Fastest Over 40 - \$20

Fastest Over 50 - \$20 Fastest Over 60 - \$20

First Unplaced Novice - \$20

Leo Charles Memorial Over 40 Handicap not including the winner - \$20 plus sash

TO BE ELIGIBLE FOR PRIZEMONEY – VCCL Members must have completed 3 races during Season 2013. BBQ and Refreshments available - Bring the Family

Race Manager: Mark O'Brien 2012 Winner: Marcus Boxall

Course Manager: Jim Berrington

Venue: Lysterfield Park Melway 108 D2

Address:

Registration No.:..

Entry Fee: \$15.00

with entry fee 7 days prior to Race Day.

Brian Marantelli, 5 Churchill Ave. Tullamarine 3043. Tel. 9338 1385
Cheques or postal orders to be made payable to VCCL Inc.

Entries must be received by VCCL Registrar together

### **NORM CHARLES 10,000 METRES HANDICAP PREVIOUS WINNERS**

1966	Ken Webb	1982	Vin Mantell	1998	Gary Simondson
1967	Ted Paulin	1983	Roy McKenzie	1999	Chris Rayment
1968	Jim Jowsey	1984	Ken Lewins	2000	Gary Simondson
1969	Wally Stubbs	1985	Steve Knight	2001	Colin Davis
1970	J. Missen	1986	Roger Simondson	2002	Cor Pleysier
1971	Len Chadwick	1987	Charles Barry Judd	2003	Rob O'Donnell
1972	G. Smith	1988	A. Bristow	2004	Jim Peterson
1973	Phil Bateman	1989	Neville Hartcher	2005	Amanda Paulin
1974	Geoff Comber	1990	David Milligan	2006	Dennis Hughes
1975	Bob Moss	1991	David Milligan	2007	Duncan Whitford
1976	Ken Barnhill	1992	Russell Johnson	2008	David Rowell
1977	Frank Neill	1993	David Milligan	2009	Sean Quilty
1978	Ken Barnhill	1994	Eric Greaves	2010	Murray Harding
1979	Bernie Allen	1995	David Milligan	2011	Roger Simondson
1980	David Murray	1996	Andrew McVay	2012	Marcus Boxall
1981	lan Owen	1997	Beau McGarity		

### PRESIDENT'S 6,500 METRES SEALED HANDICAP **Incorporating Ted Paulin Over 40 Handicap**

President's Handicap Sash & Trophy: Brian Marantelli

Ted Paulin - Sash: The Quilty Family

1st -\$300 6th \$20 2nd -\$60 \$20 7th \$50 \$20 3rd -8th \$40 \$20 4th -9th \$30 5th 10th - \$20

1st Unplaced Novice - \$20

Fastest Time - \$40 2nd Fastest - \$20

Fastest Over 40 - \$40 2nd Fastest Over 40 - \$20 3rd Fastest Over 40 - \$20

Fastest Female - \$20

Brian Marantelli Race Manager: 2012 President's Winner: Gary Blake 2012 Clarrie French Winner: Craig Harris Course Manager: Sean Quilty Venue: Westerfolds Park, Templestowe Melway 33 E1

(enter Fitzsimmons Lane)

Address:

Registration No.:..

### 2013 McKenzie Family **Best Clubperson, NOMINATION FORM**

Do you think that there is someone who is not being recognised for the work they do around the club? Here is your chance to have that person recognised and rewarded for their efforts.

Nomination form is on page with Race 1



Entries must be received by VCCL Registrar together with entry fee 7 days prior to Race Day Brian Marantelli, 5 Churchill Ave. Tullamarine 3043.

Entry Fee: \$15.00

## **2013 RACE CALENDAR**

Race	Date	Time	VCCL EVENTS	DISTANCE	VENUE	
1	14 APR	11.00am	Fred Grubb & Robert Charlton Memorial Sealed Handicap	6.5km	Boeing Reserve, Strathmore	
2	21 APR	10.00am	Moran Stable Sealed Handicap	5km	Karkarook Park, Oakleigh	
3	28 APR	10.00am	Helmut & Maija Prentler Sealed Handicap	8km	Police Paddocks Reserve, Dandenong	
4	5 MAY	11.00am	18th Caruana Cross Country Classic	8km	Woodlands Historic Park, Greenvale	
12 MAY REST WEEKEND "Mother's Day"						
5	19 MAY	10.00am	24th Rendina Family Handicap	8km	Warringal Park, Heidelberg	
6	26 MAY	10.00am	4th 5x3km Relay Challenge Sealed	3km	Nortons Park, Wantirna South	
7	2 JUNE	10.00am	Family Feud Sealed Handicap	5km	Birds Land, Belgrave Heights	
9 JUNE REST WEEKEND "Queen's Birthday"						
8	16 JUNE	12noon	Flack Advisory Eaglehawk to Bendigo	6.4km	Eaglehawk Town Hall, Bendigo	
9	23 JUNE	10.00am	20th Independent Signs Handicap	10km	Woodlands Historic Park, Greenvale	
10	30 JUNE	10.00am	Jim McLure Legends Handicap	5km	Lillydale Lake, Lilydale	
11	7 JULY	12noon	40th Murchison Handicap	10km	Murchison Football Ground, Murchison	
12	14 JULY	10.00am	Churchill Park Handicap	6.5km	Churchill Park, Rowville	
13	21 JULY	10.00am	15th Eric Greaves Memorial Sealed Handicap	10km	Braeside Park, Braeside	
14	28 JULY	10.00am	Jayen Engineers Woodlands Classic	5km	Woodlands Historic Park, Greenvale	
15	4 AUG	10.00am	18th George Perdon Sealed Handicap	16.09km	Lysterfield Park, Lysterfield	
16	11 AUG	10.00am	Parks Victoria Handicap	8km	Jells Park South, Wheelers Hill	
17	18 AUG	10.00am	2nd Kyneton Ridge Estate Winery Handicap	6.5km	Kyneton Ridge Estate Winery, Kyneton	
18	25 AUG	10.00am	14th Westgate Bridge Sealed Handicap	5km	Westgate Park, Port Melbourne	
1 SEPT REST WEEKEND						
19	8 SEPT	10.00am	48th Norm Charles Handicap	10km	Lysterfield Park, Lysterfield	
20	15 SEPT	10.00am	President's & Ted Paulin Over 40s Sealed Handicap	6.5km	Westerfolds Park, Templestowe	
END OF SEASON 2013						
**	5 OCT	6.30pm	81st VCCL Presentation Night	**	Club Italia Sporting Club, North Sunshine	
**	19 OCT	T.B.C.	2013 VCCL Annual General Meeting	**	McKinnon Hotel, McKinnon	

### Support those who support the VCCL in 2013

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#### **OTHER VALUED SPONSORS**

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Shady Acres Caravan Park

Hippo Athletic Club, Brian Marantelli & Dennis Hughes



Keith Lofthouse
Mark O'Brien & Tom Hecimovic
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